

**THIS IS TO CERTIFY THAT**

**ASHISH PATANI**

**HAS BEEN AWARDED**

Focus Awards Level 3 Diploma  
Practitioner in Personal Training (RQF)

This achievement included the successful completion of  
the units detailed on the Unit Summary

QRN: 603/5233/4  
Centre Name: Diverse Trainers  
Date Awarded: 30/01/24  
Candidate Number: AP5-12024  
Certificate Number: RQF74615



Joshua Cole . CEO

Mr. Joshua Cole  
Chief Executive



Focus Awards, Silicon House, Farfield Park, Manvers, Rotherham, South Yorkshire, S63 5DB

☎ 0333 344 7388 | ✉ info@focusawards.org.uk

☑ Verify Authenticity via QR Code on the Unit Summary

## UNIT SUMMARY

ASHISH PATANI

Has achieved the following units for the

Focus Awards Level 3 Diploma  
Practitioner in Personal Training (RQF)

## UNITS ACHIEVED

		Level	Credits
K/617/8594	Anatomy Physiology And Kinesiology For Exercise And Health	3	6
M/617/8595	Applying Nutritional Principles To Personal Training	3	6
T/617/8596	Planning Exercise Programme Design For Personal Training Clients	3	7
A/617/8597	Delivering Exercise Programmes For Personal Training Sessions	3	9
F/617/8598	Business Acumen And The Use Of Information Technology For A Personal Trainer	3	5
Y/617/8588	Principles Of Health And Wellbeing For Exercise, Fitness And Health	2	4
R/617/8590	Know How To Support Clients Lifestyle Management And Enhance Client Motivation For Exercise And Physical Activity	2	2
Y/617/8591	Principles Of Professional Practice And Health And Safety In A Fitness Environment	2	2
D/617/8592	Planning Professional Practice With Effective Consultations And Assessments For Gym-based Exercise Sessions	2	4
H/617/8593	Instructing Professional Practice And Effective Exercise Supervision In Gym-based Exercise Sessions	2	6

Focus Awards, Silicon House, Farfield Park, Manvers, Rotherham, South Yorkshire, S63 5DB

☎ 0333 344 7388

|

✉ info@focusawards.org.uk



✓ Verify authenticity at  
[www.focusawards.org.uk/verify](http://www.focusawards.org.uk/verify)