

This is to certify that

**Ashish Patani**

has successfully completed the course

**First Aid For Sport**

**with the British Red Cross**

Content outlined on page 2 has been delivered in accordance  
with currently accepted first aid practice.



**Beatrice Butsana-Sita**  
Chief Executive

Certificate

<b>Valid from:</b>	15 Jun 2024
<b>Valid to:</b>	14 Jun 2027
Certificate No:	F1D60

**The power  
of kindness**

**Name:** Ashish Patani

**Course:** First Aid For Sport

**Duration:** 1 day(s)

## Course Content

Welcome and introduction.

Unresponsive and breathing child and adult (Unresponsive and breathing child and adult and special consideration suspected spinal injury).

Unresponsive and not breathing child and adult.

Monitoring a casualty.

Choking child and adult.

Shock - Shock and internal bleeding.

Hygiene techniques.

Bleeding and wounds (Bleeding heavily {limb}, Crush injuries, amputation, eye injuries, small bruises and wounds, small blisters and splinters, nosebleed).

Burns.

Bone, muscle and joint injuries (Broken bones, dislocations, strains and sprains, spinal injury).

Seizures.

Cramp and Achilles tendon injury.

Accident record.

RIDDOR .