

Guide for players



Induction Session 23rd February 2024

Welcome to Play Badminton Club

Welcome to the best not-for-profit
Friendly, Social, Local Badminton Club in
Pinner and Northwood Area!



Club organisers

Ashish Patani & Bhavni Shah

Mobile: 07708 753 510

Email: ashish@playbadminton.club

“We are huge Badminton fans!! To anyone who hasn’t tried badminton, we would say, just come along and try a session at our club! You will love badminton and will soon be hooked into playing regularly!!”

~ Ashish & Bhavni



Club Committee



Ashish & Bhavni



Waseem



Jason



Bijal



Vijay

Club activities



Play
Badminton



Badminton
Training &
Fitness



Club
Competitions



Club Socials



Community
engagements



Environment
projects

We are the best not-for-profit local, social, friendly badminton club in Northwood and Pinner area.

Highlights from last 12 months...



<https://www.instagram.com/playbadminton>

#beinspired #getactive #playbadminton

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Highlights from last 12 months...



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Highlights from last 12 months...



Highlights from last 12 months...



BADMINTON ENGLAND 

 British **Polio**
Fellowship

THIS
GIRL
CAN

 playbadminton.club

ADBC
ANDERS DISABILITY BADMINTON CHARITY

 **EMPOWER
BADMINTON**


ACES EST. 1984
WHEELCHAIR BASKETBALL CLUB

 **VEGAN
BADMINTON**

 **WheelPower**
British Wheelchair Sport

tennisnuts.com

2024, things to come...



Sat 9th March 2024

<https://www.instagram.com/playbadminton>



Sun 21st April 2024

#beinspired #getactive #playbadminton

2024, things to come...



Sun 30th June 2024

<https://www.instagram.com/playbadminton>



Fri 22nd November 2024

#beinspired #getactive #playbadminton

Safeguarding

At Play Badminton Club, we are 100% committed to ensuring the safety and welfare of all our members. This includes our players and our coaches.

If you have any questions or concerns regarding the safeguarding of children or vulnerable adults, please contact club welfare officers: **Ashish Patani and Bhavni Shah**

safeguarding@playbadminton.club



COVID & Infectious Disease Safety

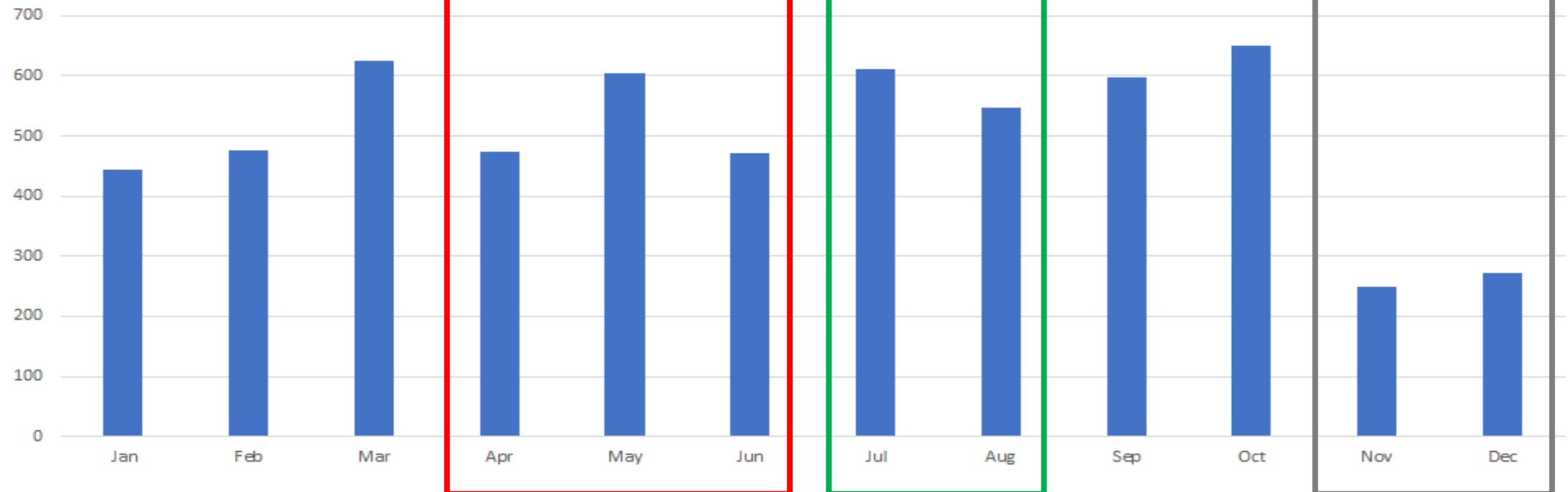
- From 24th Feb 2022, COVID-19 restrictions were legally lifted. Whilst this is good news is, we need to maintain a level of caution.
- COVID-19 has NOT gone away and new variants like the Delta and Omicron variant are leading to higher cases numbers.
- Therefore, for the safety and wellbeing of all players, we will continue some of the COVID-19 safety measures.
- **For health and safety of all club members, the general club rule is to avoid physical contact all together. This means no bodily contact, including handshakes, high fives and maintenance of 1m+ social distance at all times.**



If we suspect you have COVID and/or are showing any other symptoms of any illness – we may deny you entry into a session (even if you have a confirmed place) for safety of all other club members.

Capacity during the year

96% - 1 day a week
3% - 2 days a week
1% - 3 days a week

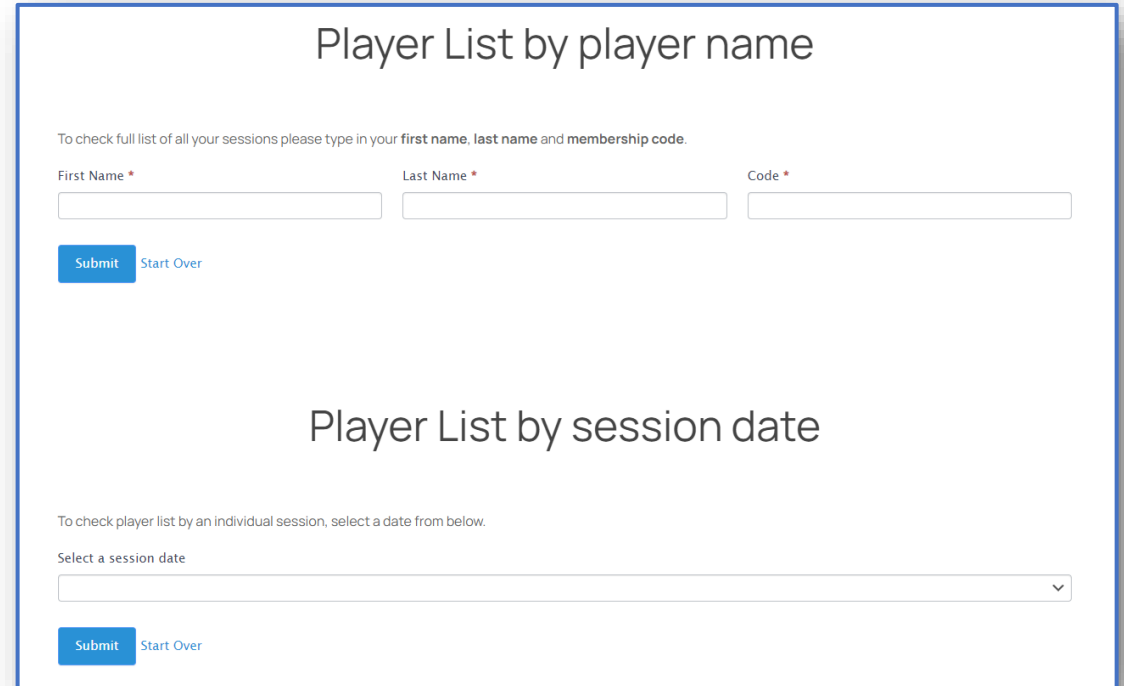


Joining the club

- Online joining form - <https://www.playbadminton.club/join-the-club>
- Attendance of induction session (mandatory from 1st Sep 2022)
- Fitness declaration form – at induction session
- Read club guidelines - <https://www.playbadminton.club/guidelines>
- Book sessions
- Pay for membership
- Membership confirmation (upon receipt)

Registration

- All players **MUST** be pre-registered with club organiser
- **ONLY** players with confirmed places to play will be allowed on court
- Player list on website



The screenshot shows two web forms. The top form is titled "Player List by player name" and includes a sub-header: "To check full list of all your sessions please type in your first name, last name and membership code." It features three input fields labeled "First Name *", "Last Name *", and "Code *". Below these fields are two buttons: "Submit" and "Start Over".

The bottom form is titled "Player List by session date" and includes a sub-header: "To check player list by an individual session, select a date from below." It features a single dropdown menu labeled "Select a session date". Below this menu are two buttons: "Submit" and "Start Over".

<https://www.playbadminton.club/playerlist>

Dropouts and no-shows

- Cancellation policy
- <https://www.playbadminton.club/cancellation-policy>
- Give advance notice if you cannot attend session you are confirmed to play at
 - More than 48 hours required – to avoid being charged for session
 - Less 48 hours – you will be charged for the session regardless of attendance

Attendance

- Attendance is **ONLY** once confirmed with club organiser
 - Check player list on website
- **DO NOT bring anyone with you who is not confirmed to attend**
- Be on time for your session start time
 - Its disruptive to others if you come late to a session
- **Please sign the register within first 15 minutes of the session start time**

| playbadminton.club | | Session register | Date _____ |
|------------------------|----------------------|------------------------------|------------|
| Session helpers | | First aider available | |
| Ashish & Bhavni | | Ashish & Bhavni | |
| No. | Full Name | Signature | |
| 1 | First name Last Name | _____ | |
| 2 | First name Last Name | _____ | |
| 3 | First name Last Name | _____ | |
| 4 | First name Last Name | _____ | |
| 5 | First name Last Name | _____ | |
| 6 | First name Last Name | _____ | |
| 7 | First name Last Name | _____ | |
| 8 | First name Last Name | _____ | |
| 9 | First name Last Name | _____ | |
| 10 | First name Last Name | _____ | |
| 11 | First name Last Name | _____ | |
| 12 | First name Last Name | _____ | |
| 13 | | _____ | |
| 14 | | _____ | |
| 15 | | _____ | |
| 16 | | _____ | |
| 17 | | _____ | |
| 18 | | _____ | |
| 19 | | _____ | |
| 20 | | _____ | |
| 21 | | _____ | |
| 22 | | _____ | |
| 23 | | _____ | |

By signing the register and playing at our badminton session, you confirm that you are free of COVID and agree to follow all club rules and guidelines (including COVID safety measures). Page 1 of 1

Respect your fellow Club members

- Everyone's ability is different
- We are a social badminton Club
- Adhere to the rules of the Club
- Communicate with your doubles partner
- Respect your fellow Club members
- Be mindful of others' situation
- Encourage others

“When you're smiling,
the whole world smiles
with you”

Larry Shay, Mark Fisher and Joe Goodwin in 1928

At the venue

- Follow and respect the guidelines and instructions from school staff and club organisers
- Only use the entry and exits designated to be used
- Recommended to use hand sanitizers at entry and exit points
- Toilets and changing rooms will be available, but it is recommended to come ready to play and not change on site
- **DO NOT smoke anywhere on site at any venue**
- **Exit the venue (including car park) within 15 minutes of session end time**

Play rules

- Normal badminton doubles and (singles where possible) games rule will apply, as per Badminton World Federation rule book.
- **DO NOT monopolise court time**
 - Rotate and play with all Club members, not a select few
- **No bodily contact, including handshakes and high fives**
 - This is still recommended practise, and **please respect other players if this wish to continue to keep a social distance, minimum 1m+ gap**
- Use hand sanitisers before and after play and in-between if possible
 - If required at some venues, wear a face covering when not playing, and when moving to any other part of the venue, e.g. to use toilets.
- Follow and respect the guidelines and instructions from venue staff, club organisers and session helpers

Equipment check-list

- **You MUST wear non-marking badminton shoes when playing**
- Recommended not to share equipment, like racquets, with other players from outside your household.
- DO NOT to share water bottles or food with players from outside your household.
- While we will be sharing of shuttles if any player wishes to only used their given shuttle, please respect their wishes and DO NOT share shuttles
 - **Please note we DO NOT use feather shuttles at any club session.**
- Bring your own clearly marked water bottles
- Keep your equipment and sports bags clear of court areas
- Please ensure you take all your belongings with you at the end of the session.
- Ensure your equipment has your name written on.



Appropriate & comfortable sports wear



Non-marking court badminton footwear



Your own racquet



Your own water bottle

Session helpers

- Each club session will have a session helpers, who is responsible overall for a given session.
- Club members are expected to follow instructions of the session helpers
- Most session helpers are also trained first aiders and are the go-to-person for help or questions during the session
- In case of fire emergency, all club members are strictly expected to following the instructions of the session helper

First Aiders

- The Club has many trained first aiders, doctors and sports physio who are members too.
- As a Club we aim to have at least one first aider per session.
 - In case of emergency, please inform the first aider for the session (normally the session helper) and follow their instructions.
 - Help session helper or first aider complete an accident form (if possible)
- Sometimes, due to circumstances, we may not be able to have any first aiders at a session.
 - In this situation, in case of emergency, please contact emergency services on 999 and inform any staff at the venue where the session is taking place.
- **Note: no legal requirements to have first aiders in each session.**




L to R: Gaurav, Joseph, Chris, Satinder, Trisha, Jason, Paul, Vijay, Praful, Bhavni & Ashish*

Shahil, Rashna, Amer (not pictured) is also a first aider for the Club

** Paul (Red Cross Trainer) is in the picture but not first aider for the Club*

Fire Safety / Incident reports

- In case of emergency, please inform the first aider for the session (normally the session helper) and follow their instructions and/or venue staff members.
- Help session helper or first aider complete an incident/accident form (if possible)
- Know the fire safety routes for the venue you are going to. See details on website.
- www.playbadminton.club/venues

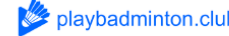

 Play Badminton Club is a member of Badminton England (Membership No: CL007504)
 Contact person: Ashish Patani (M) 07708 753 510 (E) ashishpatani@yahoo.com

INCIDENT / ACCIDENT REPORT FORM

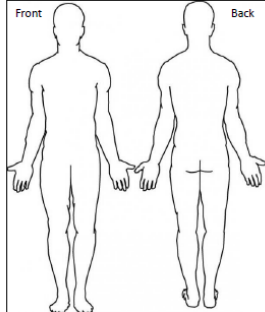
| | | | |
|---|-----------------|--------------------|----------------------------|
| Date of incident / accident | Time | | |
| Venue | | | |
| Session leader | | | |
| Name of injured person | | | |
| Contact details | | | |
| Emergency contact of injured person (if known) | Name | Contact | Relation |
| Nature of incident / accident | | | |
| Give details of how and precisely where the incident / accident took place | | | |
| Give full details of actions taken including any first aid treatment and name(s) of the first aiders(s) | | | |
| Were any of the following contacted? | Police Y / N | Ambulance Y / N | Emergency contact Y / N |
| What happened to the injured person following the incident / accident | | | |

Please turn over page →

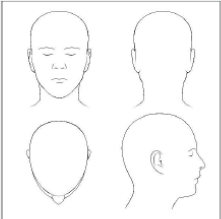
Visit our website for more details: www.playbadminton.club Page 1 of 2


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INCIDENT / ACCIDENT REPORT FORM



Front Back



Mark with X location(s) of injury / injuries (if applicable)

Additional notes

All of the above facts are a true and accurate record of the incident / accident

| | |
|-----------------------------|-------|
| Signature of session leader | Name: |
| | Date: |

Give this completed incident / accident report form to the Club organisers as soon as possible.

Visit our website for more details: www.playbadminton.club Page 2 of 2

Haydon School

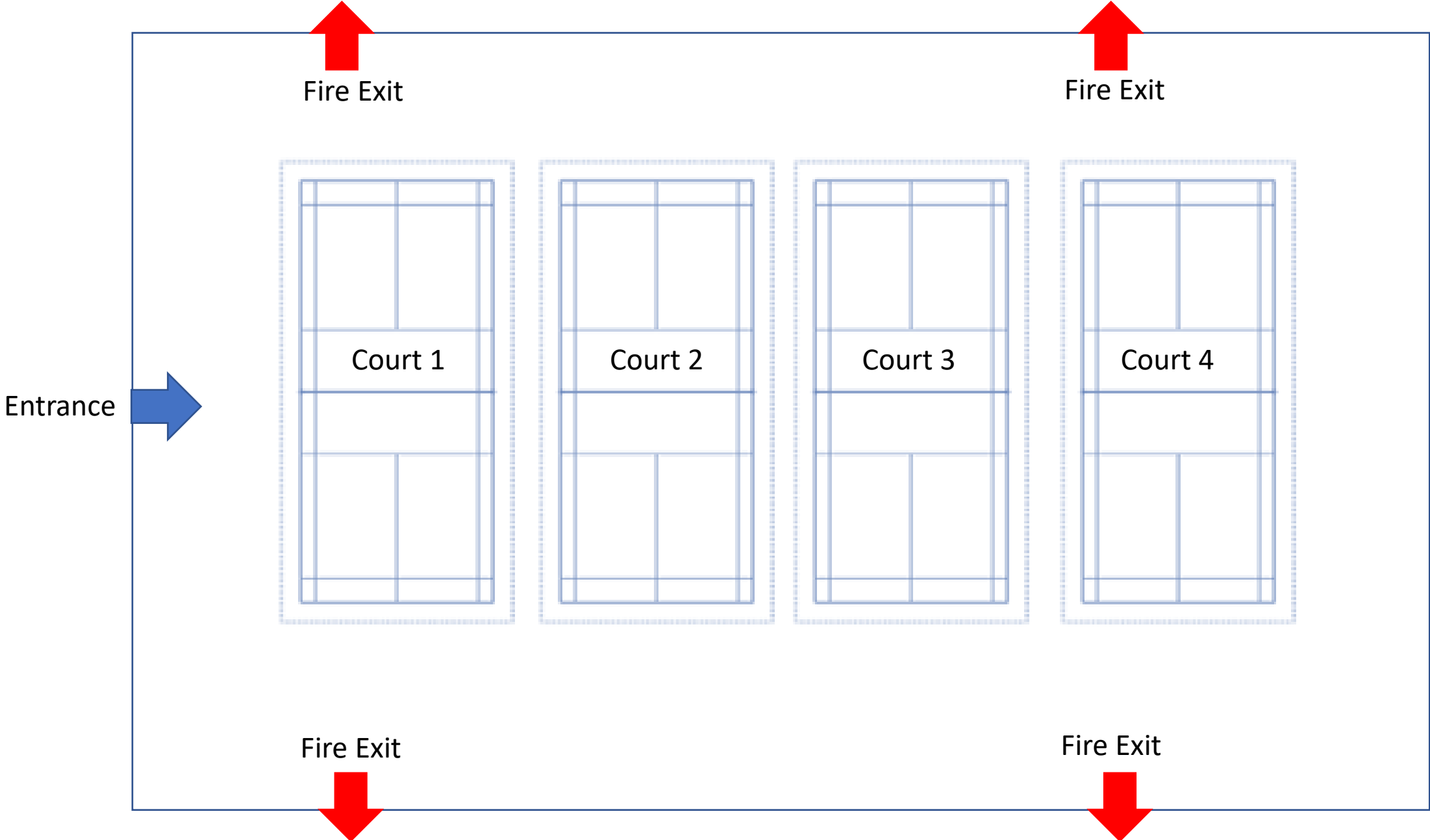
St. Mary's Car Park

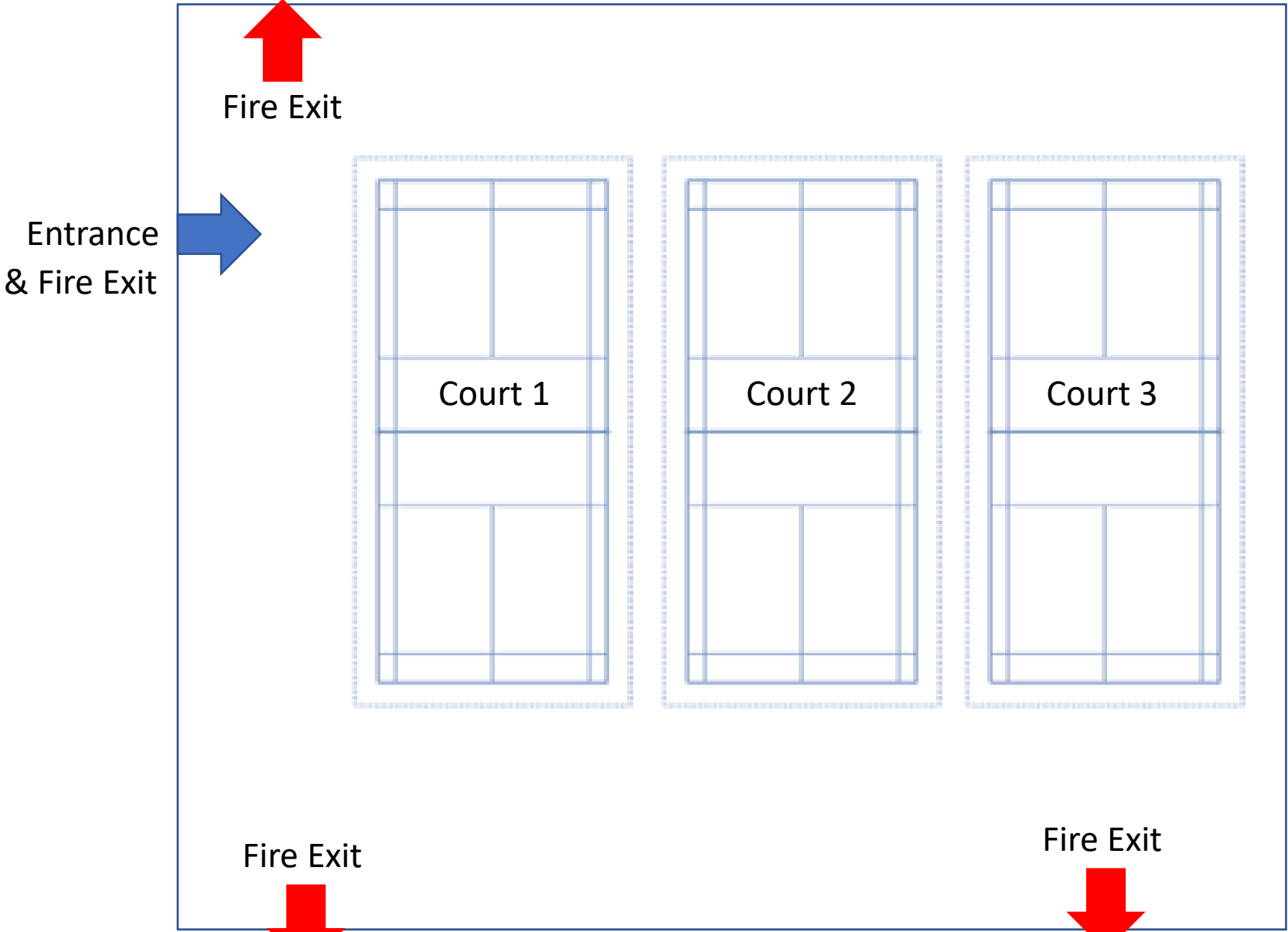
Wiltshire Lane
Pinner
HA5 2LX

Free parking
Use main car
park for access
to Dobson
Sports Hall & St.
Mary's car park
for access to St.
Mary's Sports
Hall

Main Car Park







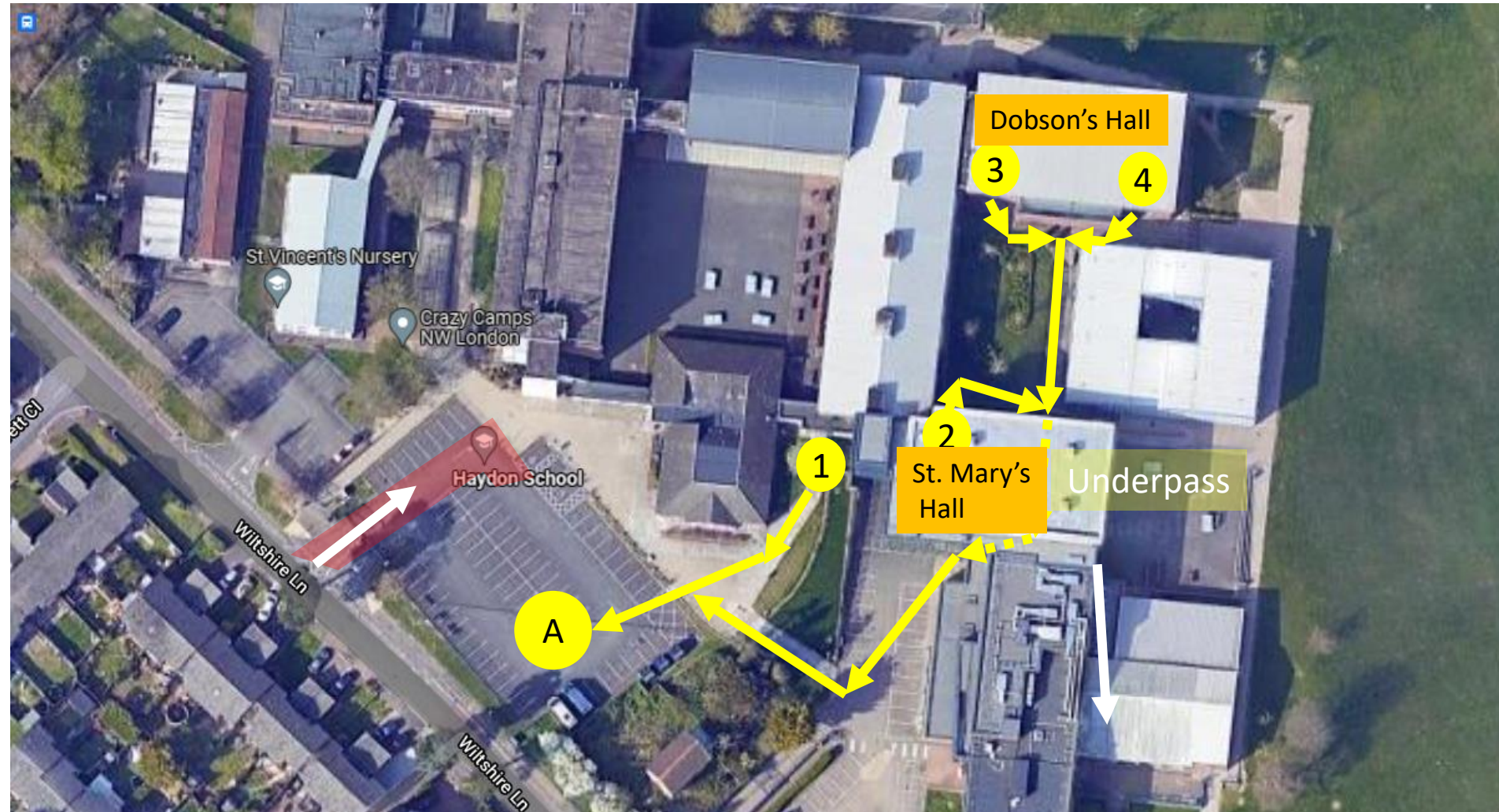
Haydon School – Fire Safety

Session helpers will ensure all players follow fire exits (1) and (2) out of St. Mary's Hall and (3) and (4) out of Dobson's Hall to assembly point (A), which is the main car park.

DO NOT take any sports equipment/bags with you.

At assembly point (A), all players MUST report to session helper & their names will be ticked off against attendance register.

Red zone is to be kept clear for emergency vehicles access only.

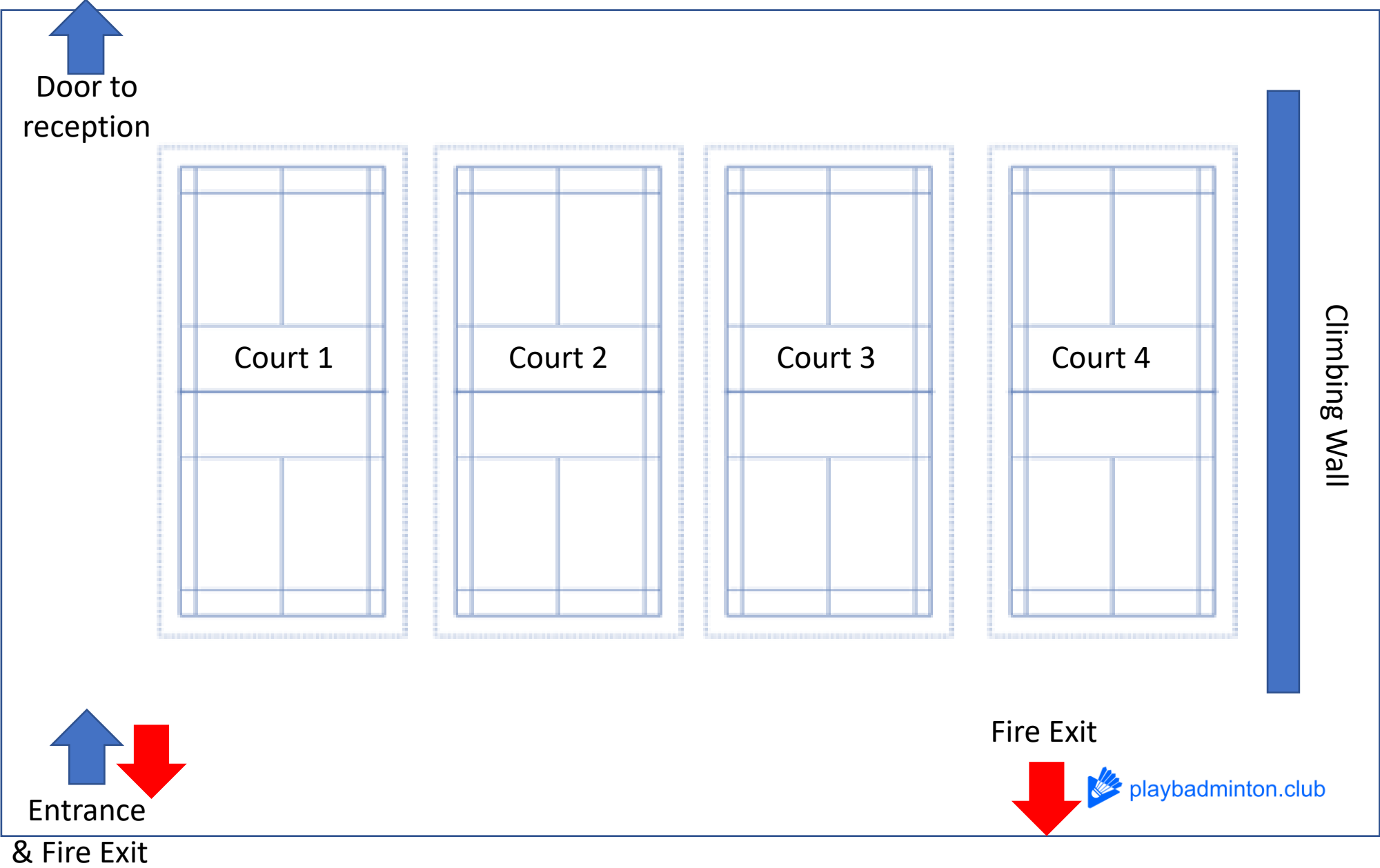


St. Helen's Sports Hall

Green Lane
Northwood
HA6 1AF

Free parking
Follow red
footsteps to
back of Sports
Hall for entry.





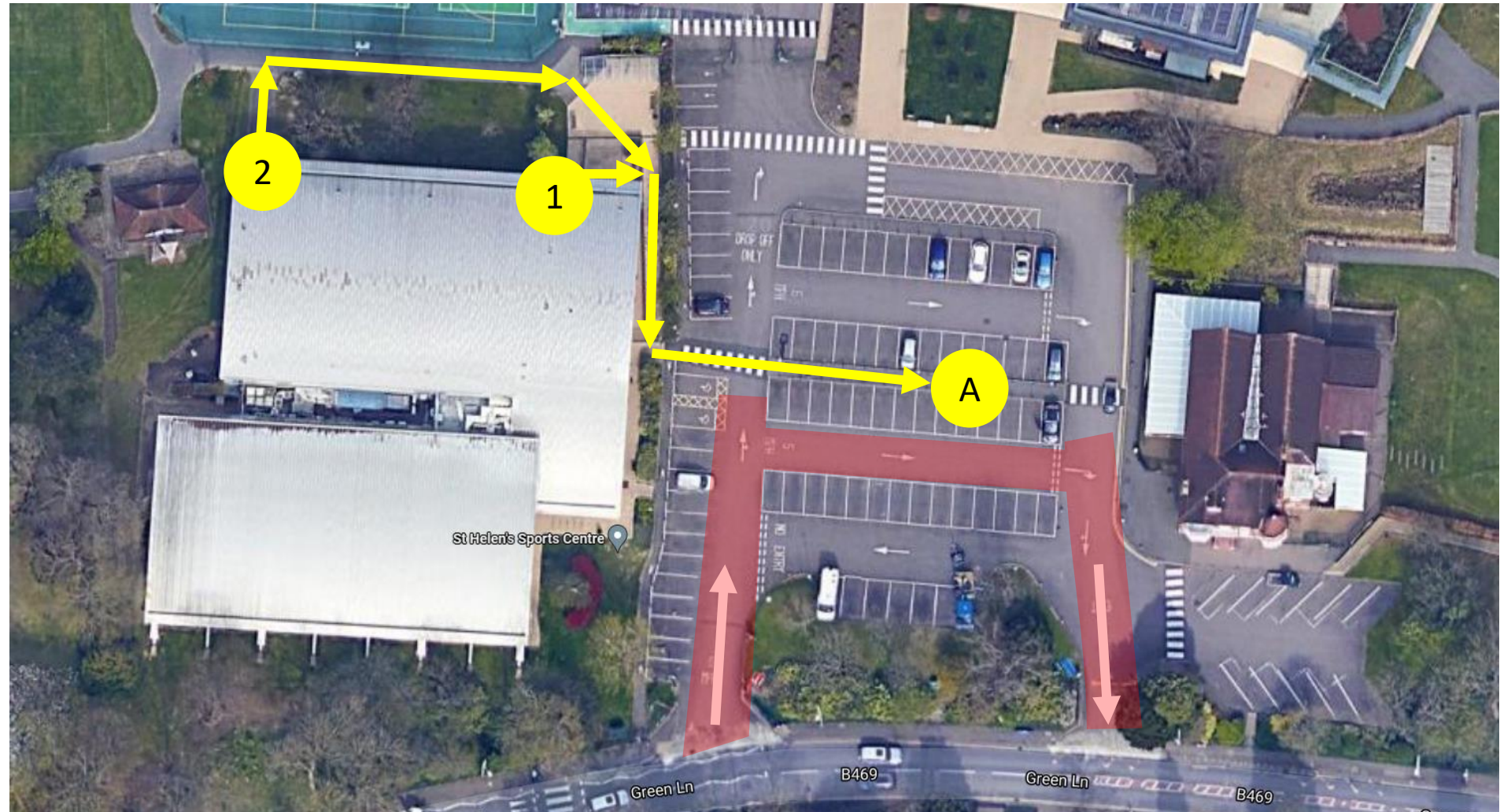
St. Helen's Sports Hall – Fire Safety

Session helpers will ensure all players follow fire exits (1) and (2) to assembly point (A) which is the main car park.

DO NOT take any sports equipment/bags with you.

At assembly point (A), all players MUST report to session helper & their names will be ticked off against attendance register.

Red zone is to be kept clear for emergency vehicles access only.



Harefield Academy

Sports hall

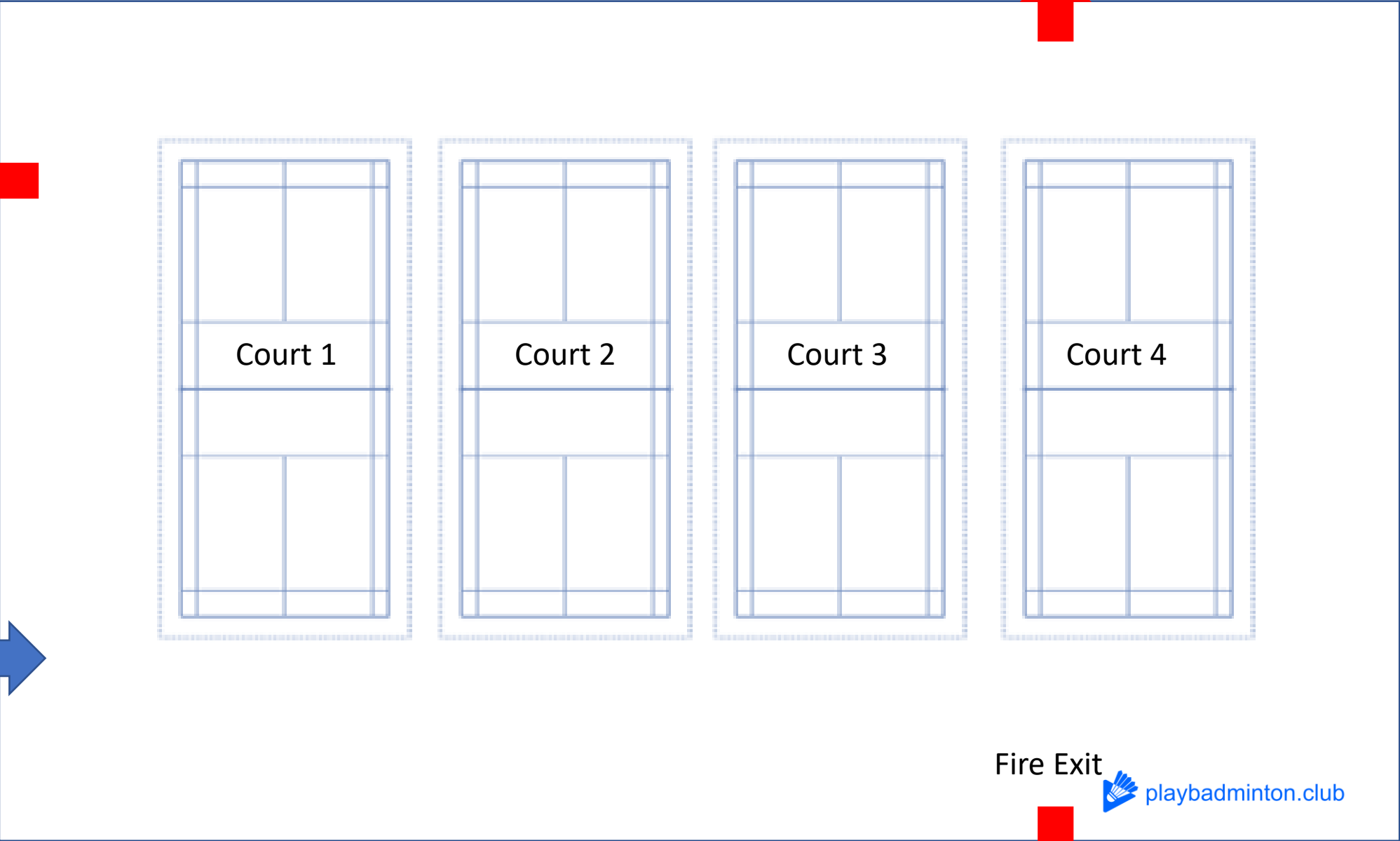


Harefield
Academy
Northwood
Way
Uxbridge
UB9 6ET

Free parking



Main Entrance and Car Park



Fire Exit

Court 1

Court 2

Court 3

Court 4

Entrance

Fire Exit



playbadminton.club

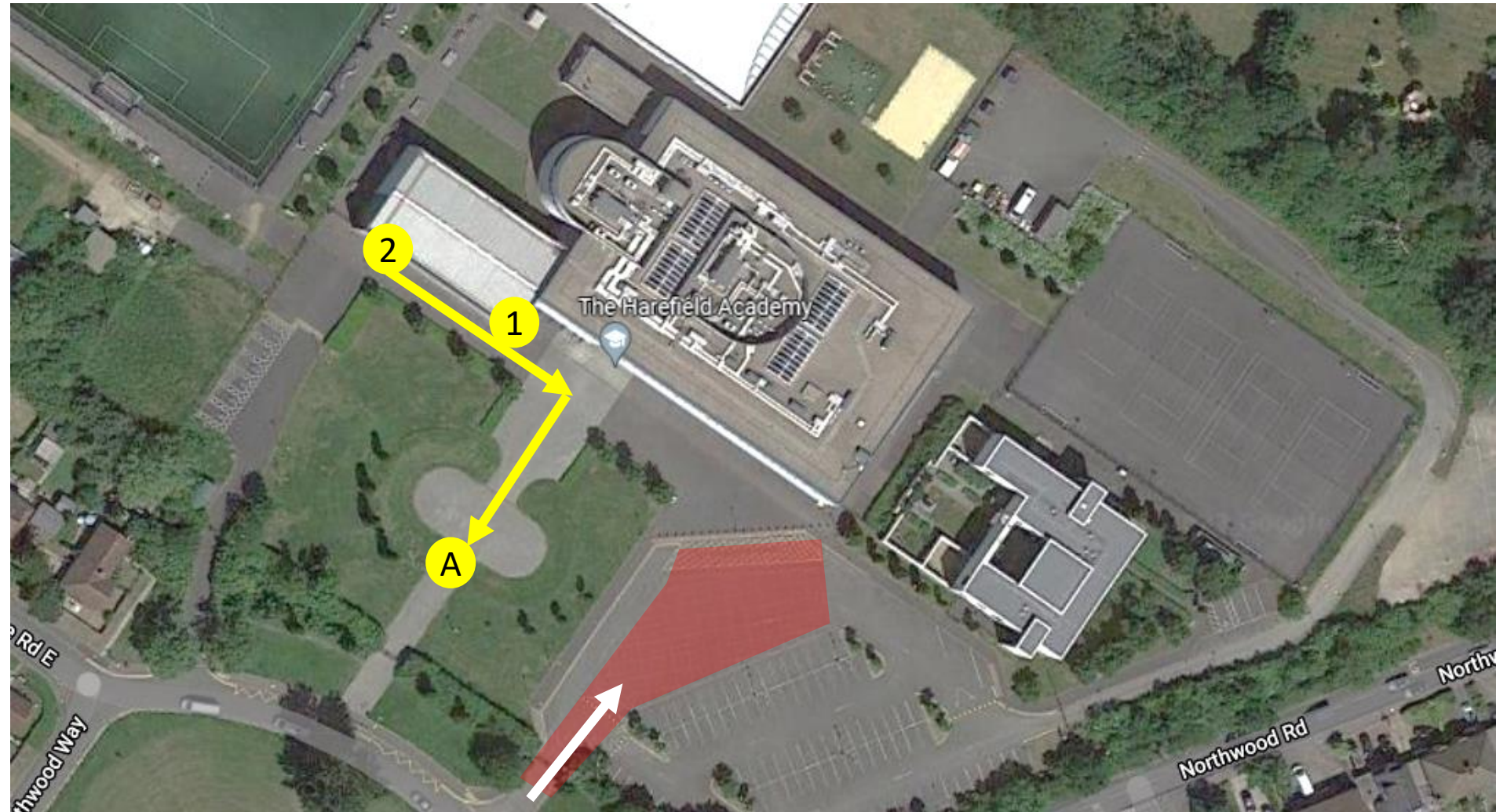
Harefield Academy – Fire Safety

Session helper will ensure all players follow fire exits (1) and (2) to assembly point (A).

DO NOT take any sports equipment/bags with you.

At assembly point (A), all players MUST report to session helper & their names will be ticked off against attendance register.

Red zone is to be kept clear for emergency vehicles access only.



Bentley Wood

Sports hall



Bentley Wood
High School for
Girls

Clamp Hill

Stanmore

HA7 3JW

Free parking



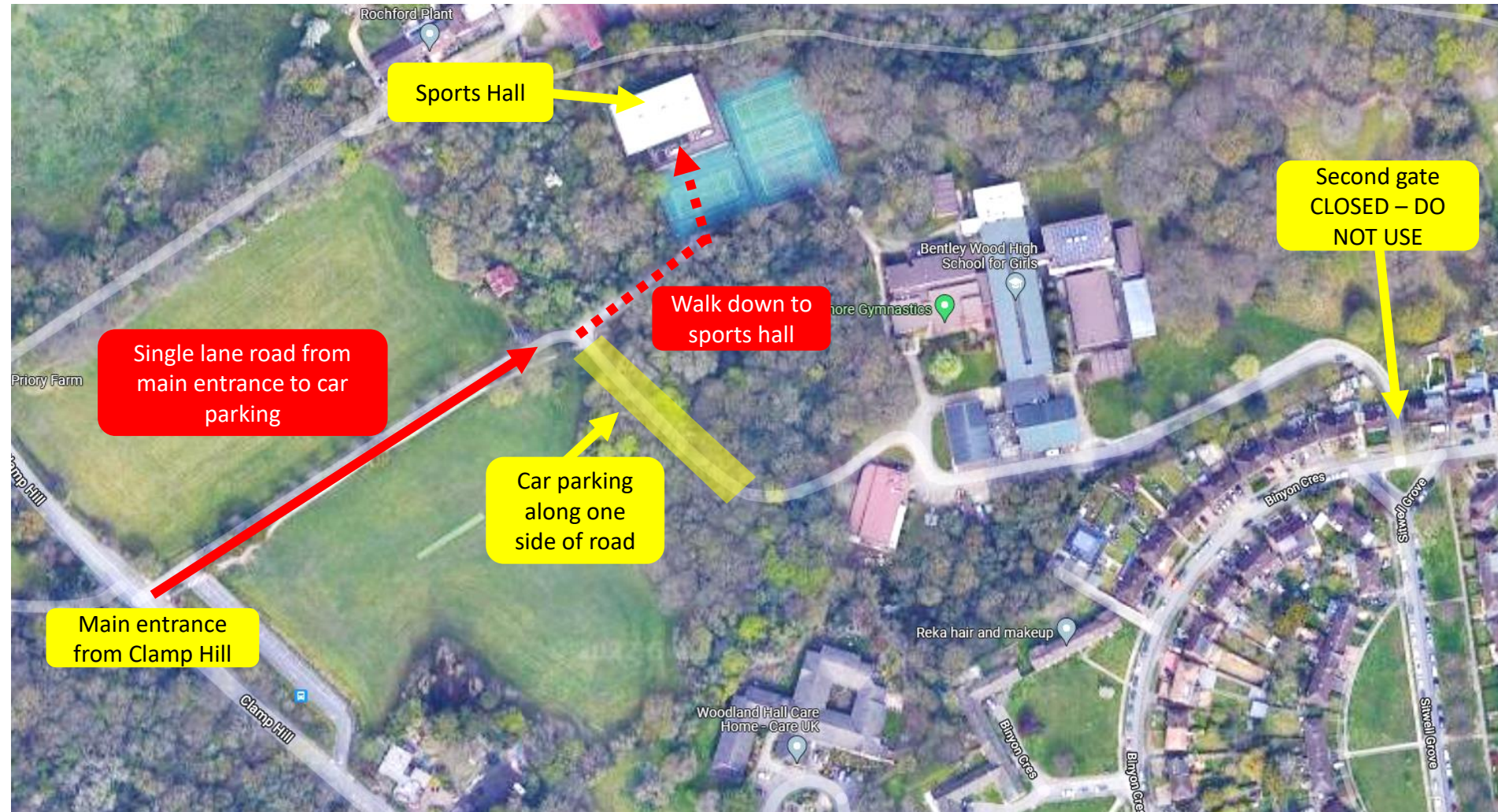
Main Entrance and Car Park

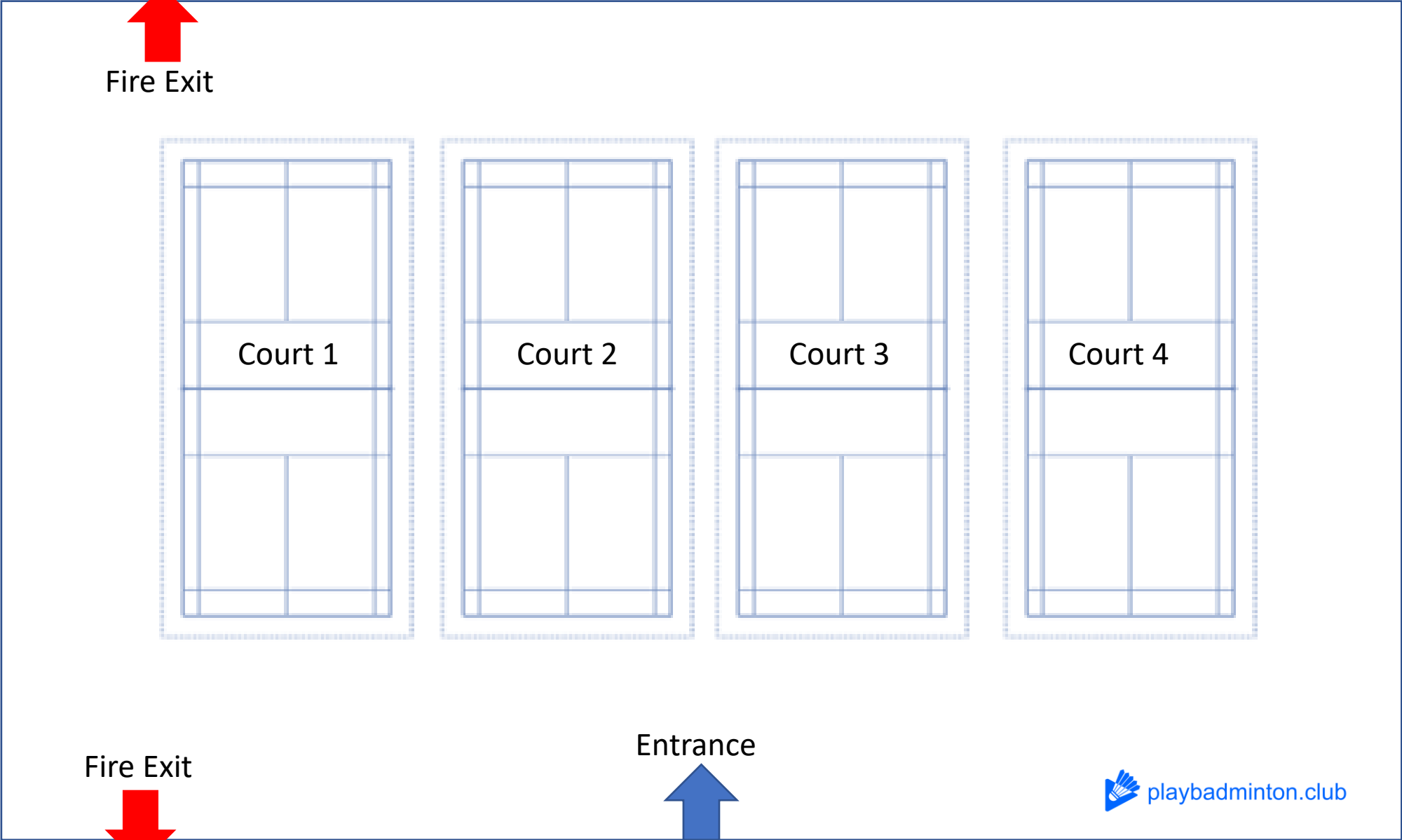
Bentley Wood – car parking

There is a single lane road from the main entrance to the sports hall, so be mindful of cars coming out and give way.

Park car in the car parking areas, along one side of the road (as shown) and walk down to sports hall.

Note: the second gate is closed and not in use outside of school hours, so use main entrance from Clamp Hill only.





Bentley Wood – Fire Safety

Session helper will ensure all players follow fire exit (1) to assembly point (A).

DO NOT take any sports equipment/bags with you.

At assembly point (A), all players MUST report to session helper & their names will be ticked off against attendance register.

Red zone is to be kept clear for emergency vehicles access only.



South Oxhey

Main Entrance

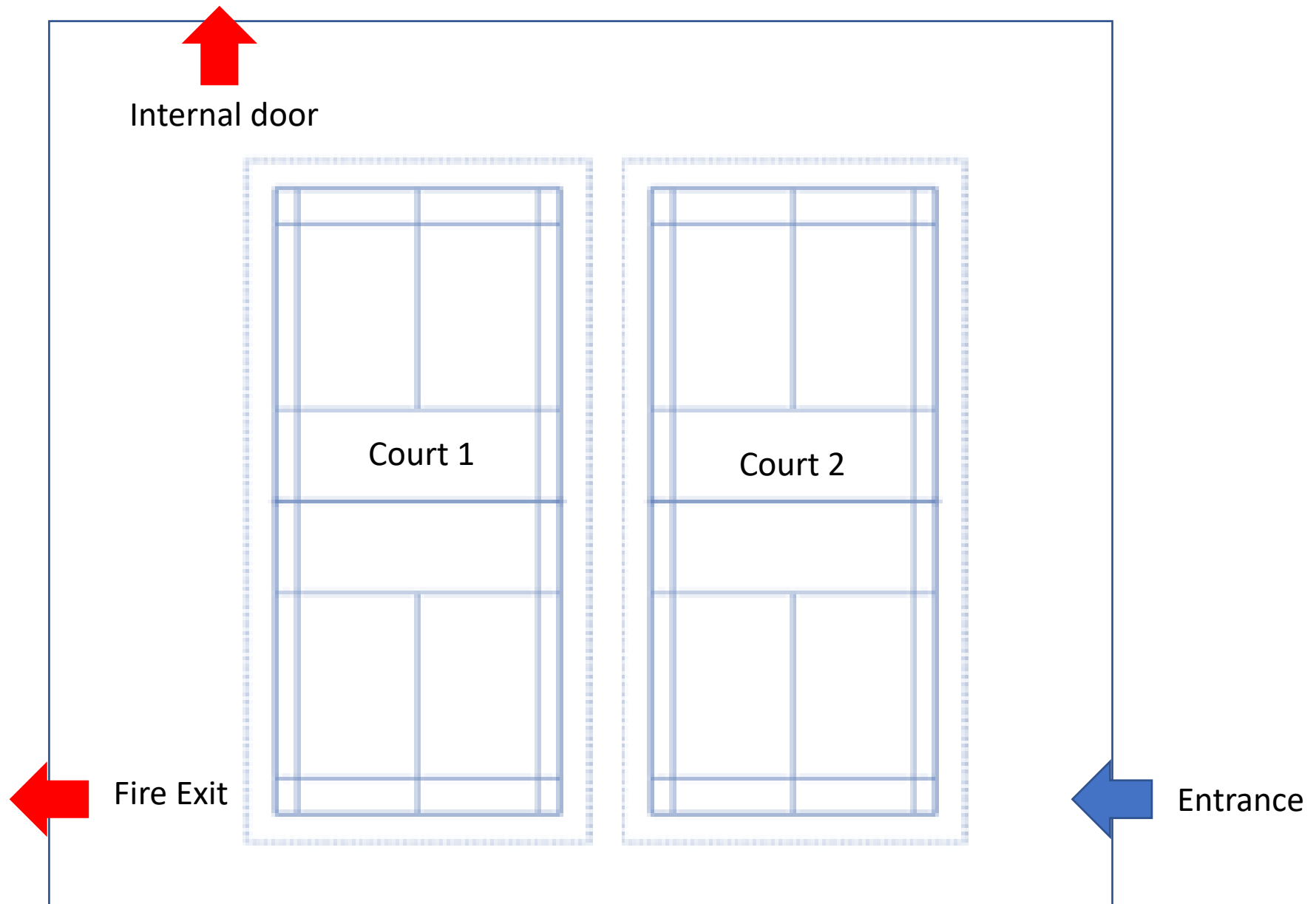


South Oxhey
Leisure Centre
Gosforth Lane
Watford
WD19 7AX

Free parking



Sports hall

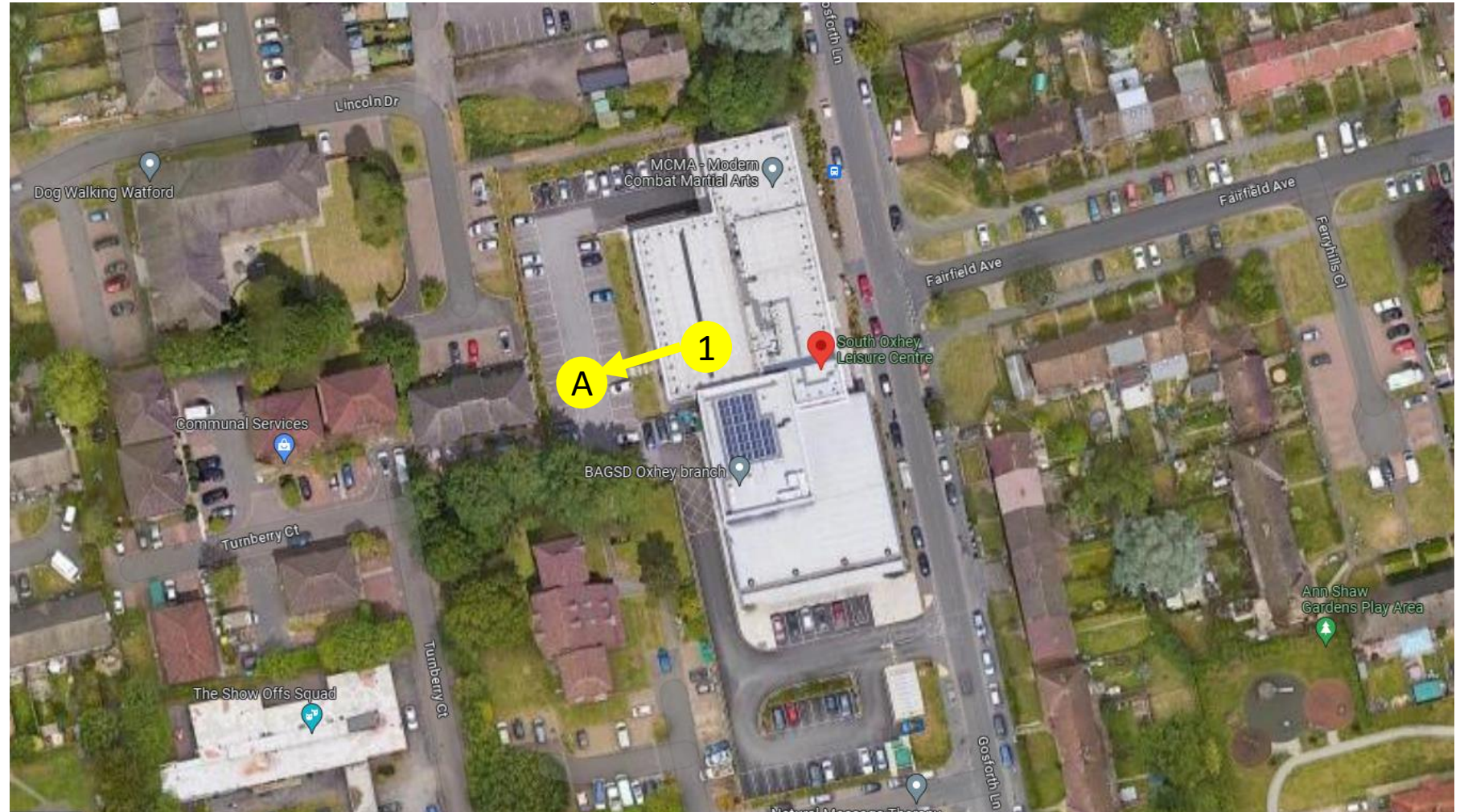


South Oxhey – Fire Safety

Session helper will ensure all players follow fire exit (1) to assembly point (A).

DO NOT take any sports equipment/bags with you.

At assembly point (A), all players MUST report to session helper & their names will be ticked off against attendance register.



General safety – playing badminton



Warm-up

Example:
5-mins
Heel raisers
Calf / hamstring stretches
High knees
Shoulder rotations
Jog



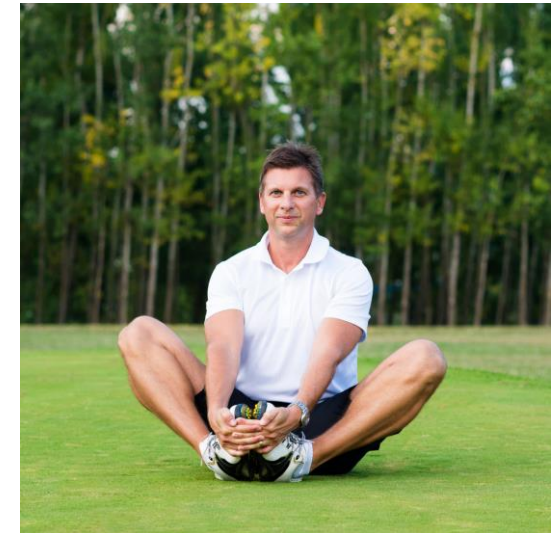
Play Badminton

Take breaks between games
Rotate playing partners
Don't monopolies the courts



Stay hydrated

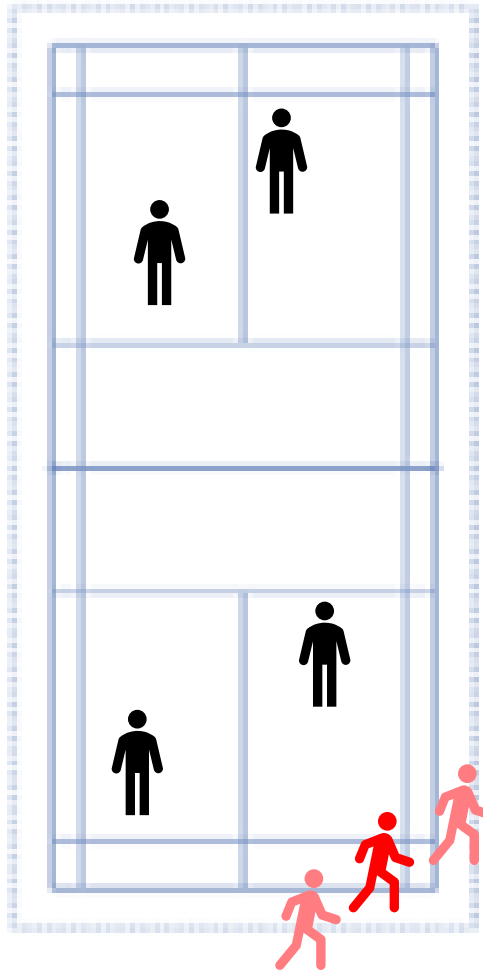
**Remember to bring water
with you**
Take regular intake of water



Cool down

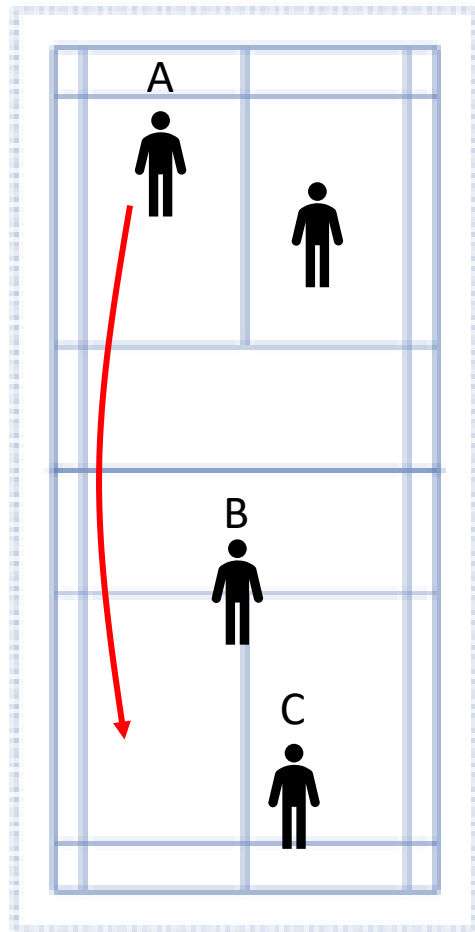
Example:
5-mins
Light jog
Siting stretches

General safety – awareness of your surrounding



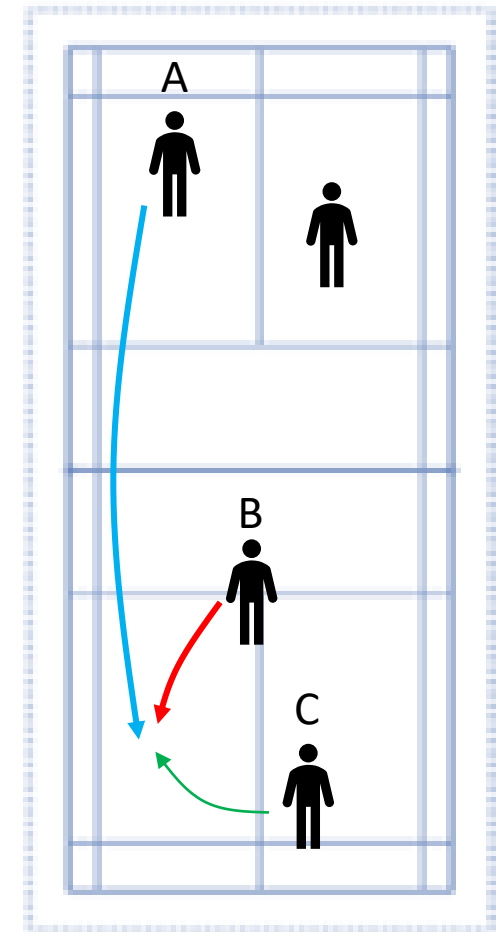
- When there is a game in progress on a court, please DO NOT walk along the edges of the courts.
- This can be highly dangerous for YOU and for the PLAYERS on the court.
- Please be aware of the court lines and stay well clear of them, when walking from the side waiting areas to a court.

Badminton Doubles Safety



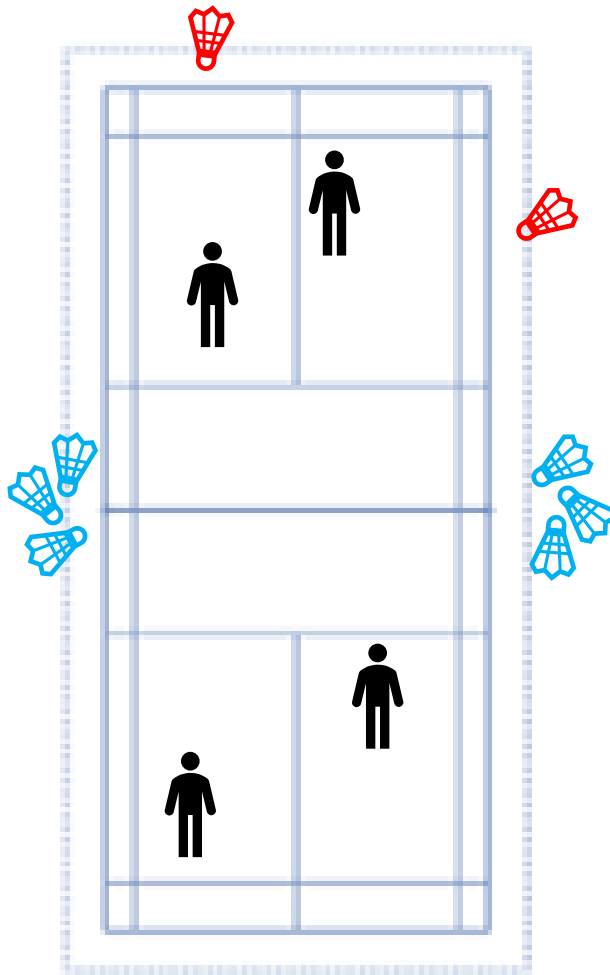
Picture 1

- [Picture 1] If Player A does a clearance by sending the shuttle towards the rear court (i.e. over the head of Player B)
- [Picture 2] Player B should NOT turn around (i.e. face or run towards the back of the court).
- It is highly likely that Player C will be moving to intercept and return the shuttle with racket ready to hit the shuttle.
- If Player B is moving or facing the back of the court, it is highly likely they will get hit in the face with the racket by Player C.
- **REMEMBER – doubles as the name suggests is a two person game! Don't treat a doubles games like a singles – you DO NOT have to get everything or chase shots, work with your partner. COMMUNICATE** and agree strategies and court coverage with your partner before the start of the game and always continue to communicate during rallies, by shouting if required to let our partner know where you are on court of if you are getting the return.
- In doubles, if you are at the front – keep eyes on your opponents – **TRUST your partner** at the rear to deal with deep returns, which have gone over your head – at which point you should keep low to allow maximum space and angles for your partner's return shot.



Picture 2

General safety – extra shuttles



- When playing a game, please make sure that an extra shuttles are kept near the net stands in the middle of the court (blue shuttles on picture) or in the storage box.
- Please **DO NOT** leave shuttles along the courts and/or at the back of the court (red shuttles on picture) – as these can cause hazard when playing if players move sideways to take a shot from the tramlines and/or move backwards to take a shot from back of court.

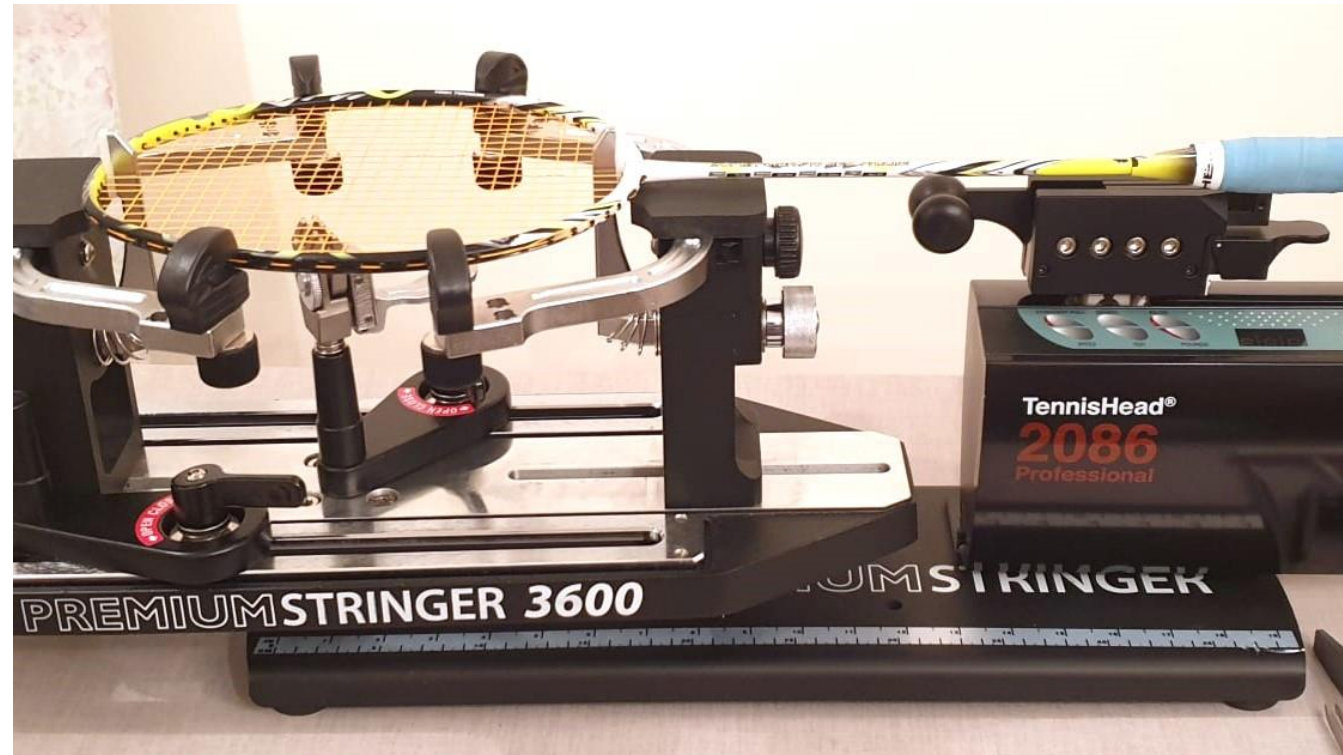
Storage box

- All sites have a lockable storage box
- It contains:
 - Shuttles
 - First aid kit
 - Incident report forms
 - Pens



Member re-stringing

- We do re-stringing services for club members at £15 per racquet (strings included)



Cancellation policy

- If you cancel within 48 hours of a session's start time, you will be charged in full for the session regardless of a replacement player being found. In exceptional circumstances, the cancellation charge may be waived by the club organisers. If you fail to attend a session, which you are confirmed on, without informing us, you will lose your next confirmed session.
- <https://www.playbadminton.club/cancellation-policy>

Zero tolerance policy

- All club members are expected to follow all club rules and guidelines.
- We are a **social, friendly** badminton club, and we expect all club members to treat all other members with due respect and care regardless of any individual's ability.
- We expect our members to respect session helpers, club organisers, venue staff and follow their instructions.
- **We have a zero tolerance policy towards any discrimination, bad language and/or abusive behaviour in any form either in person or otherwise.**
 - The club organisers, at their sole discretion, reserve the right to deny entry into a session and/or right for a member to continue playing (if during a session) for any abusive behaviour.
 - Members can confidentially report and/or raise matters with the club organisers at any time.
- The club organisers, at their sole discretion, reserve the right to cancel membership of any club member at any time.

Data protection

- Play Badminton Club uses various social media channels like Facebook, Instagram, Website, WhatsApp, etc to communicate information about Club's activities to club members and non-members.
- To protect data of all club members, no member is allowed to copy Club's data, including mobile numbers from the Club's WhatsApp group, and use for personal gain.

Website links

- <https://www.playbadminton.club>
- <https://www.badmintonengland.co.uk/>
- <https://www.gov.uk/coronavirus>
- <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms>

- <https://www.instagram.com/playbadminton>
- <https://www.facebook.com/groups/pinnerbadoclub>




playbadminton.club



2014 ~ 2024



Next steps today

- Club briefing
- Badminton warm-up & drills
- Play Badminton 
- 1-2-1 chats

Next steps after induction session

- Attend **one** free taster session
- Decide to join? Yes / No
- Pay regular member fee
- Agree with us session dates
- Get membership code and dates for sessions on website
- Play Badminton 